

英语高考阅读理解解题技巧例谈

杨讯

阅读理解题是考查学生英语阅读理解能力以及通过对文章的阅读获得有用信息并进行处理的能力。高考英语的成败与阅读理解题做得好坏与否有着直接的联系。因此，解好英语阅读理解题至关重要。笔者根据多年的教学探索结合对历年的高考英语试题的研究，在此提出粗浅的看法，望得到大家指正。

一、阅读理解的题型设置

要想做好阅读理解题，首先要对阅读理解的题型设置非常熟悉。阅读理解的题型归纳起来无外乎以下几种。

1. 猜测词义常见设题方式为：What does the underlined word/phrase in Para. X probably mean according to the passage? What does the bold word in the passage refer to? etc.

2. 归纳大意和逻辑推理常见设题方式为：（1）What's the main idea of the passage? （2）What can we learn from the passage? （3）What can we infer from the passage?

3. 确定标题常见设题方式为：（1）Which of the following can act as the title of this passage? （2）What's the best title of the passage?

4. 正误判断常见设题方式为：（1）Which of the following statements is True/False according to the passage? （2）which of the following statements is (not) mentioned in the passage?

5. 事件排序常见设题方式为：（1）Which is the right order of the events mentioned in the passage?

6. 作者意图或态度常见设题方式为：（1）What's the author's/writer's attitude towards something according to the passage? （2）What does the author want to tell us?

二、阅读理解的基本方法

1. 查读（Scanning）：即根据问题设置，带着问题浏览文章，直接查寻符合问题答案的阅读方法。这对猜测词意类题型非常有用。

2. 略读（Skimming）：即根据已读文章，结合问题，简略阅读文章，以确认所选答案的正确性。

3. 速读（Fast-reading）：即快速阅读文章，掌握文章大意，判断某类事件是否在文章作过陈述。

4. 细读（Careful-reading）：仔细阅读文章，进行认真推敲，判断作者的真实意图及所持的情感态度。

三、阅读的步骤 1. 先看问题：做到读前心中有数。2. 确定方法：把握阅读有效时间。3. 阅读文章：确保问题真实出处。4. 选择答案：解决问题最终目的。5. 复读文章：核实判断错误与否。6. 检查答案：保障答案真实有效。

四、阅读方法的具体应用

（1）猜测词义类：宜使用查读法，确认所需猜测词义的词或短语的出处，再根据上下文来猜测其真实含义。读时要注意该词后所用的非限制性定语从句、介词短语及一些习惯用法如：that is, say, it is to say 以及破折号的使用。

（2）归纳大意类：宜使用速读和细读的方法。阅读时特别要注意文章或段落的首句或尾句。

（3）确定标题类：宜使用细读的方法。只有你通过对整篇文章的仔细阅读和认真分析，你才能够给其中一个确切的标题。

（4）正误判断类：宜使用查读、略读、速读等方法。具体使用反证法或使用同一法。此外还可以使用代入法，尤其是对含有 All above 选项者非常有效。

(5) 事件排序类：宜使用查读、略读、速读（代入法）。具体为：①确定最先发生和最后发生的事件。②排除与所定事件顺序不同的两个选项。③再对细节部分进行代入验证，确定答案。

(6) 作者意图或所持态度类：宜使用细读法，通读全文，进行认真推理。例：2005 年普通高等学校招生全国统一考试英语（全国卷 II）阅读理解 B

The days of elderly women doing nothing but cooking huge meals on holidays are gone. Enter the Red Hat Society—a group holding the belief that old ladies should have fun. “My grandmothers didn’t do anything but keep house and serve everybody. They were programmed to do that.” said Emily Cornette, head of a chapter of the 7-year-old Red Hat Society. While men have long spent their time fishing and playing golf, women have sometimes seemed to become unnoticed as they age. But the generation now turning 50 is the baby boomers（生育高峰期出生的人），and the same people who refused their parents’ way of being young are now trying a new way of growing old. If you take into consideration feminism（女权主义），a bit of spare money, and better health for most elderly, the Red Hat Society looks almost inevitable（必然的）. In this society, women over 50 wear red hats and purple（紫色的）clothes, while the women under 50 wear pink hats and light purple clothing. “The organization took the idea from a poem by Jenny Joseph that begins: ‘When I am an old woman, I shall wear purple / With a red hat which doesn’t go.’” Said Ellen Cooper, who founded the Red Hat Society in 1998. When the ladies started to wear the red hats, they attracted lots of attention. “The point of this is that we need a rest from always doing something for someone else,” Cooper said, “Women feel so ashamed and sorry when they do something for themselves.” This is why chapters are discouraged from raising money or doing anything useful. “We’re a ladies’ play group. It couldn’t be more simple.” added Cooper’s assistant Joe Heywood. A. one branch of an organization B. a written agreement of a club C. one part of a collection of poems D. a period in a society’s history

45. From the text, we know that the “baby boomers” are a group of people who . A. have gradually become more noticeable B. are worried about getting old too quickly C. are enjoying a good life with plenty of money to spend D. tried living a different life from their parents when they were young

46. It could be inferred from the text that members of the Red Hat Society are . A. interested in raising money for social work B. programmers who can plan well for their future C. believers in equality between men and women D. good at cooking big meals and taking care of others

47. Who set up the Red Hat society? A. Emily Cornette. B. Jenny Joseph. C. Ellen Cooper. D. Joe Heywood.

48. Women join the Red Hat Society because . A. they want to stay young B. they would like to appear more attractive C. they would like to have fun and live for themselves D. they want to be more like their parents

44. 答案：A 这是一道猜义题。根据其定语“of the 7-year-old Red Hat Society”可猜出这个词的意思是“某个组织的一个分部”。

45. 答案：D 这是一道细节推断题。第三段“But the generation now turning 50 is the baby boomers, and the same people who refused their parents’ way of being young are now trying a new way of growing old.”说明他们想过一种新的生活。

46. 答案：C 这是一道推断题。根据这篇短文的内容可推断出这个组织的成员相信男女平等。

47. 答案：B 这是一道细节题。从倒数第二段“Ellen Cooper, who founded the Red Hat Society in 1998”可知，Ellen Cooper 创建了这个组织。

48. 答案：C 这是一道细节推断题。根据第一段 Enter the Red Hat Society - a group holding the belief that old ladies should have fun. 可判断出她们参加这个组织的目的是获得乐趣和爱。